

WEETON PRIMARY SCHOOL



Physical Education

Physical Education at Weeton Primary School aims to ensure that all pupils:

- Develop competence to excel in a broad range of physical activities.
- Are physically active for sustained periods of time.
- Engage in competitive sports and activities.
- Lead healthy, active lives in mind and body.

We do this by developing our children's fundamental movement skills from the start of their school experience and build on these skills throughout school, linking them to a variety of sports and exposing our children to new skills that are transferable from sport to sport. This then equips our children with the skills they need to excel in their future education and careers.

Enrichment activities such as judo, archery and fencing supplement the core areas to provide new opportunities and develop a range of skills. In addition, swimming lessons throughout Key Stage 2 and orienteering lessons on our onsite course equip the children with important life skills.

The Forest School and Problem Solving areas build character and help to embed values such as fairness, respect and resilience, which underpin the teaching of PE at Weeton. We take a holistic view of our PE curriculum which develops both healthy bodies and healthy minds.